

# Young Learner Student Handbook

- Your first day
- School rules
- Keeping safe

Malta





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An language centre.

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# Welcome

#### Welcome to Malta.

We are sure you are going to have a wonderful time with us, learning English and exploring the beautiful Maltese Islands. IELS has over 30 years' experience in combining language study with travel abroad, so we know how to help you improve your language skills while you have fun!





This guide has been written to help you with many of the questions that you may have during your stay so please read it and keep it with you at all times.

If you need anything at all during your stay with us then please speak to any of the staff who will be happy to help you. We would like to wish you a fantastic experience with us here in Malta.



### When you arrive

If you arrived over the weekend, your lessons will start on Monday morning and your Leisure activities will commence immediately.

Our Airport Representatives and Activity Leaders will explain your activity programme and advise you of any meeting points and timings. If you are staying with a Host Family they will also be able to help you.

Please read and
follow all instructions on
your activity programme.
All the information you need
is included, such as what to
bring with you and what
time your activity will start
and finish.



# First day at school

- On your first day you should come to the school at the time stated on the student card which can be found attached to the front of the student handbook
- Please bring a copy of your passport on your first day at school.
- First you will have a placement test to check your level of English. Don't worry; this is not a test for you to pass or fail, it just helps us to find which class is right for you.
- After the test you will go on a short walk around Sliema with your Activity Leaders. They will explain where you can find things you might need. At 11.00 you will return to school for your first lesson. After your lesson you will have some free time until your activities begin.
- Please meet your Activity Leaders at the school ready for your afternoon activity at the time indicated on your activity programme.





Close your eyes and imagine a place with glorious sunshine, crystal clear waters and beautiful landscapes. A place in which you can take a leisurely walk, explore medieval cities and make new friends. Now open your eyes and look around - you're there! All this on the tiny Jewel of the Mediterranean - Malta.



The islands of Malta and Gozo have a number of beaches which are perfect for sunbathing, snorkelling and swimming.

Malta is full of colourful markets with fresh fish, quaint old shops and the latest continental fashion in shopping plazas.



IELS Malta is located on The Strand close to the popular seaside town of Sliema.

The centre has an open plan student lounge with a reception area, 60 bright and airy classrooms, and a large internal courtyard where you can enjoy your lunch break and mingle with your fellow students.

# Staff

- The Academic Co-ordinator is responsible for your course.
- The Leisure Team are responsible for organising activities, both on and off-site.
- The Welfare Team is responsible for your well-being, pocket money and general administration.



# School Rules



**NO SMOKING** 



NO ALCOHOL



**NO DRUGS** 



PUT LITTER
IN BINS



CARRY YOUR STUDENT CARD



RESPECT YOUR CURFEW

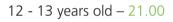
- YOU MUST ATTEND ALL LESSONS AND ACTIVITIES
- YOU MUST BEHAVE WELL
- YOU MUST CARRY YOUR STUDENT ID CARD AT ALL TIMES. IF IT IS LOST YOU MAY BE CHARGED.
- YOU MUST WEAR YOUR WRISTBAND AT ALL TIMES

If you miss lessons or activities, or behave badly, we may send you home immediately at your own expense.

If you cannot come to your lessons or activities because you are sick, you or your host family must tell the Welfare Team at school or by telephone on (+356) 9942 9617.

# **Curfew Times**

Please ensure that you are always back in your accommodation by the times stated below. If you miss your curfew time, we may send you home, at your expense.





14 -15 years old - 23.00



16 -18 years old – 23.59



If you are on a supervised activity with IELS Malta you may stay out later than your curfew time. Please speak to your Activity Leader.

# The Law

You must obey the laws of this country. Some laws are the same as in your country but some are not. If you break a law the Police may arrest you, and you may be sent home at your own cost!



Do not buy, sell or use drugs.



Do not steal.



Do not consume alcohol or enter bars or pubs.



Do not litter.



Do not buy or carry knives, guns or other weapons.



Do not buy cigarettes if you are under 18.



### **Host Family**

Staying with a host family is an excellent way of integrating into the local culture while practising English.

Ask the family about their daily routine and if there are any house rules.



#### **Important Information:**

- Breakfast, packed lunch and an evening meal are provided. The evening meal is usually served between 18.00 and 19.00. Please tell the family of any food you do not like or are intolerant / allergic to. Please inform your host family if you will be late for dinner.
- The host family will wash your clothes and change your bed linen once a week.
- Please respect the environment you are in.
  Keep your room tidy, don't take food before
  asking and don't invite friends home without
  permission from your host family.
- Please keep your passport and flight tickets safe. Lock away any valuables in your suitcase.

#### **Centre Residence**

The Centre Residences are within walking distance of the Young Learner centre.

#### **Club Residence**

Transport to school will be provided for students staying at our Club Residence.



- If something is not working or broken, please tell the residence reception or IELS Welfare staff.
- Look after your key/keycard. Do not give them to anyone and if you lose them please report this to the hotel reception immediately (you may be charged for a replacement).
  - For your own security always ensure that valuables are locked away and be careful about inviting other people into your room.
  - Please familiarise yourself with the rules which are available in each residence.

#### Water

Tap water is safe to drink, but most people buy bottled mineral water which is available in most shops.



### **Electricity**

Electricity is 230 V, 50Hz AC. Malta has British 3-pin plugs and sockets, so you may need an adapter. Please ask your hotel or host family for help with electrical appliances.

### Money

Malta uses the Euro. Many places accept credit cards, but there may be an extra charge. The closest cash machine to IELS is near the Plaza Shopping Complex, about 10 minutes away from the school.



# Keeping in Touch



## **Post/Mail**

The nearest Post Office to the school is approximately 5 minutes away. Please ask our members of staff for directions.

#### Prices (first 20g)

37c - Europe

51c – Middle East, North America, Africa

63c - South America, Asia

86c - Far East

#### **Opening Hours**

Monday–Friday: 08.00-13.00 & 16.00-18.00

Saturday: 08.00-13.00

Closed on Sunday.



### **Telephone & Mobile**

You may want to buy a Maltese SIM card to use in your mobile. SIM cards are available for FREE from IELS. Just ask a member of the Leisure team.

You can also buy a prepaid calling card from stationers and newsagents which you can use from your host family's phone (ask for permission first!) or in any public telephone box.



#### E-mail & Internet

If you bring your own laptop, you can make use of the school's free wireless internet connection, available in the reception area.

# Transport

#### **Buses**

Buses are the cheapest way to travel around Malta. Prices start from €1.50 depending on your journey. You can also opt for seven day tickets or more.

Ask at the leisure desk for information.

# Leaving

Unfortunately all good things must come to an end and we would like to ensure your journey home is problem free!

# IMPORTANT

Please be on time for your transport to the airport.

Your Welfare Team will give you your departure information on your last day of school.

Please check this carefully and if you have any problems speak to the Welfare Team immediately.

# **Activities**

We have lots of activities planned for you so you can expect to have lots of fun. so you can expect to have lots of fam. Check your activity programme to see what's happening this week.

Here are some of our favourite activities, which may be included in your programme.

### **Harbour Cruise**

See the world's third largest natural harbour! You'll cruise around Marsamxett



Harbour and the Grand Harbour viewing places of interest along the way including Forts, Battlements and creeks which can only be admired from the sea. Learn about the history of Valletta, The Three Cities and how Malta fared in the Great Siege of 1565 and the Second World War

#### **Beaches**

Malta and Gozo have lots of beaches which are perfect for sunbathing, snorkelling and swimming.

#### Ghadira Bay

This is biggest and longest sandy beach in Malta with stunning views to enjoy. It is also a great spot for water sports and games as the water is quite shallow. You can hire umbrellas and beach chairs at reasonable prices from Costa del Sol, located on the far end of the beach, which offers discounts on its services and food to IELS students on presentation of your student card.

#### Paradise Bay

A sandy beach hidden in a natural cove, this is an excellent site for snorkelling.

#### Golden Bay and Riviera

Both of these sandy beaches are popular during the summer months and are accessible on foot or by boat. They are both great spots for a game of beach volleyball.





#### **Blue Grotto**

Leap aboard one of Malta's colourful 'Luzzu' hoats and delve into the Blue Grotto You'll find lots of caves and experience the most amazing turquoise, emerald and blue waters. complemented by the beautiful colours of the rocks



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A NAVE

#### Mdina

The Silent City of Mdina has many stories to tell from Roman times to the Arabs, the Knights and even Napoleon. Travel through time at the spectacular Audio Visual show which brings 3000 years of history alive. Don't forget to take your cameras for breathtaking views from the city walls.



### **Party Time**

Along with our film nights and beach barbecues, we've got some great parties planned for this season!

#### Foam party

Join us for a fantastic, fabulous, foamy and, most importantly, fun night at the IELS Foam Party! With thrills and spills you are sure to love partying away at this foam frenzy!



#### **White Night**

Brighten up the night by wearing your brightest, whitest clothes and let the ultra violet lights make you shine like a star as you dance 'til you drop!

#### **International Student Party**

It's country versus country at our IELS International Student Party. Wear your country's colours and join in the games to prove your country is the best!



# **Optional Activities**

### **Diving**

Diving is very popular in Malta. IELS offers courses, from beginners to advanced, at discounted rates. Ask for information at the Leisure desk. Parent's/guardian's signature and medical certification are required.

#### **Try Dive**

Get your first taste of scuba diving with a lesson in the basics, followed by a confined water session. You will then head off on an open water diving adventure at an inviting shallow reef.



#### **Comino Cruise**

See the famous Blue Lagoon where the water is so clear that the boats appear to be floating in mid-air! This is a perfect location for relaxing, swimming, diving, wind surfing and other water sports.



### **Open-top sightseeing bus**

A great way to see Malta: from the upper deck of an open-top bus! The City Sightseeing Malta bus links all the most popular spots on Malta, with commentary in English, Italian, German, French, Spanish, Russian, Danish and Japanese. You can hop on or off the bus at any of the stops as many times as you like in one day.

### Splash & Fun Water Park



Your day at Splash & Fun Water Park will be a truly unforgettable experience with rides, fun and activities. Take a ride on the Lazy River or enjoy one of the largest wave pools in Europe with heart-pounding waves for an exciting experience. Or why not have a go on the awesome Sidewinder Slide and the latest attraction, the Black Hole!

#### Mediterraneo

Dolphins will amaze you with their talents and tricks. Playful parrots and mischievous sea lions will make you smile for the rest of the day, so join them for some fun and laughter at Mediterraneo. Ask your Activity Leader for details about swimming with the dolphins.



#### Gozo

The island of Gozo is a lot smaller than Malta, but the moment you step off the ferry you will immediately see that there is a lot to do and see. The tranquil island has everything from the world's oldest temples to breathtaking scenery. At Dwejra Bay you can see the most spectacular natural landmark on any of the Maltese Islands, the Azure Window. You'll find the Fungus Rock, the Inland Sea and even a plant, the 'Maltese Everlasting', which is unique to our islands! With Dwejra Bay as well as Gozo Heritage, the Citadel in Victoria, Marsalforn and beaches galore, you will certainly not leave Gozo disappointed!



# Discount Scheme

These services may offer a discount if you show them your IELS student card.

#### **Shops**

Accessorize
Bisazza Street, Sliema

**Bershka** Bisazza Street, Sliema

**Topshop** Tower Road, Sliema

## Sports & Beauty

**Fitness Point**Tigne Point, Sliema

**Divesystems** Tower Road, Sliema

#### **Inglott,** Sliema Ferries. Sliema

### Facilities

Heritage Malta Various sites

**Embassy Cinema** St Lucy Street, Valletta

**Photocopying Service**Ask at Reception

**Merling Library** Bisazza Street, Sliema

**Agenda Bookshop** Plaza Shopping Complex, Sliema

## Ice Cream & Food

**Wagamama** Spinola Bay, St Julians

**Hardrock Café**Baystreet Shopping
Complex, St Julians

**Mcdonald's** All outlets, Sliema, St Julians, Valletta

La Baguette Triq Markizi Zimmermann Barbaro, Sliema





BAY STREET COMPLEX, LEVEL 4, ST. JULIANS

## Help

I'm bored...

I want to play football!

ASK AN ACTIVITY LEADER!

I'm hungry.

I need to wash my clothes.

••••••

I want to telephone home.

#### **TELL YOUR HOST FAMILY**

What do I do if something is wrong?

I've lost my ID card.

I want to buy a phone card.

•••••

I want to send a postcard.

**ASK AT THE OFFICE!** 

My class is boring...

I am not happy in my class.

My class is too difficult.

**TELL YOUR TEACHER!** 

I feel ill.

I don't like the people in my house.

I feel home sick.

I want to go home.

If you are ill then you must advise the Welfare Team or your Host Family immediately so they can TELL YOUR HOST FAMILY OR THE WELFARE OFFICER!

assist. Pharmacies are shown on your map.

If you need to call a doctor, please speak to a welfare officer or contact the company doctor who will be able to visit you at your host family or hotel. His name is Dr. Kevin Navarro Gera and you can reach him on +356 99494115. He will charge about €15 to €30.

# If you are lost

#### If you have a mobile phone:

- 1. Find the name of the road or walk into a store.
- 2. Call the school on +356 9942 9617
- Say your name and the name of the road or store you are in.
- 4. Wait there until a member of staff arrives.

#### If you don't have a mobile phone:

- 1. Find a store and go inside.
- 2. Show your ID card.
- 3. Say "I am lost. Please help me."
- 4. Ask the store to call the school on 9942 9617
- Say your name and the name of the road or store you are in.
- 6. Wait there until a member of staff arrives.





IELS Malta Mattew Pulis Street Sliema SLM 3052

and

IELS Malta Parisio Street Sliema SLM 1222

Tel. (+356) 2132 0381 Fax (+356) 2134 3332 malta@lalgroup.com www.ielsmalta.com

#### **Emergencies**

If you have an emergency out of school hours and need help, you can call the welfare team on (+356) 9942 9617.

For any emergencies requiring an ambulance, the fire brigade or the police you should dial 112 and then advise IELS staff immediately.

